



Serving Size: 35 grams Servings Per Container: 14		
Am	ount Per Serving	% Daily Value
Calories	110	
Total Fat	2 g	3%
Total Carbohydrate	9 g	3%
Dietary Fiber	5 g	20%
Sugars	2 g	*
Protein	15 g	30%
Vitamin A (as beta carotene)	2,500 IU	50%
Vitamin C (as ascorbic acid)	24 mg	40%
Vitamin D (as cholecalceferol)	200 IU	50%
Vitamin E (as d-alpha tocopheryl acetate)	10.5 IU	35%
Thiamine (as thiamin hydrochloride)	75 mg	50%
Riboflavin	85 mcg	50%
Vitamin B6 (as pyridoxine hydrochloride)	1 mg	50%
Folate (as folic acid)	200 mcg	50%
Biotin	135 mcg	45%
Pantothenic Acid (as d-calcium pantothena	te) 4 mg	40%
Calcium (as tricalcium phosphate)	400 mg	40%
lodine	60 mcg	40%
Magnesium (as magnesium citrate)	100 mcg	25%
Zinc (as zinc methionine)	6.75 mg	45%
Selenium (as selenium chelate)	14 mcg	20%
Copper (as copper chelate)	1 mg	50%
Manganese (as manganese chelate)	600 mcg	30%
Chromium (as chromium polynicotinate)	60 mcg	50%
Molybdenum (from sodium chelate)	38 mcg	50%

Proprietary Blend:

[Garcinia fruit extract, Oat fiber, Natural Caffeine from Black Tea,
Lactobacilius Acidoplius, Rice bran, Amylase 5000, Bromelian 600GDU,
Cardomon seed extract, Cellulase 1000, Ginger root, Lipase1000, Papain 6000, Protease 1000, Protease 5000, Cinnamon bark extract]

Other Ingredients: Other Ingredients: Maltodextrin, Protein Blend (Soy, Pea, Whey concentrate), Cellulose, Sun Flower oil, Natural flavors, Xanthan gum, Sucralose, Stevia.

Contains: Milk and sov

Formulated for Men & Women

THRIVE | mix is the finishing touch to the only Ultra Premium Product Line available - THRIVE. This ultra micronized mix was perfectly designed to complement our **THRIVE** Lifestyle Capsules. Our blend of Vitamins, Minerals, Plant Extracts, Anti-oxidants, Enzymes, Pro-Biotics, and Amino Acids is the first and only Ultra Premium Mix ever developed. THRIVE | mix combined daily with the THRIVE Capsules, completes a premium lifestyle, and a premium you. If the saying "not all shakes are created equal" holds true, then our ultra micronized: Premium Lifestyle Mix, is in a category all by itself. Live more, be more, experience more, THRIVE for more with THRIVE | MIX.

^{*} Percent Daily Values are not established